

March 2023

Objective

RRSC is committed to enforcing the relevant Club Codes of Conduct relating to its members. If a breach is considered to have been made by a member then this document is designed to guide the Coaching Team/ Executive Committee and inform parents/guardians of the disciplinary process.

The primary objective is to encourage members to comply with the Code of Conduct and fulfil their obligations as set out in the club's policies.

Four Stages of Disciplinary Action

Stage 0 – Normal Coaching Intervention/Interaction.

It is anticipated that most coaching, training and behavioural issues can be appropriately, effectively and guickly dealt with through normal and informal intervention, interaction and discussion by the Squad Coach with those parties responsible. This will always be the first action taken by the Squad Coach and whilst it does not require observation or verification by any other persons, the respective Coach may inform or consult with the parents / guardians / Welfare Officer and Head Coach if considered appropriate for the situation or behaviour that has taken place. Squad Coaches have the authority to exclude a swimmer from the session where the incident takes place, and to invite the swimmer to a 'Performance Review' meeting with the Squad Coach, the parents / guardians / Welfare Officer should they deem it necessary. Squad Coaches may use their discretion and judgement to initiate and repeat Stage 0 on any number of occasions prior to moving to Stage 1, which should always be the next step once it is clear that normal coaching interventions or interactions are not resolving the matter.

Stage 1 - Verbal Warning.

Where a swimmer's breach of the Code of Conduct is persistent and is not resolved at Stage 0 then the Squad Coach will report the matter to the Welfare Officer. Chairman or Head Coach. Upon investigation the Welfare Officer/Head Coach may take such action as is necessary. They may call a meeting with the swimmer, parents / guardians, and coach and may issue a verbal warning, a note of which will be entered into the swimmer's club membership file, copied to them in writing and may be referred to should there be any further incidents. To help the swimmer resolve their problems a Swimmer Behaviour Contract may be issued.

Stage 2 - Written Warning:

In the case of more serious incidents, or if a further offence occurs (whether of a similar or different nature) a written warning will be issued to the swimmer and parents / guardians by the Welfare Officer /Head Coach/ Chairman as appropriate. This will give reasons for the warning, the improvement required and the date when the warning expires – it will warn that action under Stage 3 of the disciplinary procedure will be considered if there is no satisfactory improvement or further acts of misconduct occur and will advise of rights of appeal. Similar to Stage 1 a note will be entered into the swimmer's club membership file, copied to them in writing and may be referred to should there be any further incidents.

Stage 3 – Suspension or Termination of Membership:

If conduct is still unsatisfactory and the member still fails to reach the prescribed standards









despite receiving a written warning, or if the member has committed an act of gross misconduct, suspension and/or termination of a swimmer's membership by RRSC may occur. Suspension or termination of membership may also result from a serious breach of any of RRSC codes of conduct / policies and those of Swim England. The Executive Committee have full authority and if Stage 3 has been reached, access may be withdrawn to any or all squad training sessions for the swimmer concerned.

Before termination of a swimmer's membership is made, a full investigation will be carried out and exit interview will be undertaken. All subscriptions and fees due must be paid when membership is terminated. Members leaving without payment of outstanding fees will be reported to the Swim England.

Any appeal against termination of membership must be submitted to the Club Secretary within 14 days by formal letter. Upon receiving an appeal the Executive Committee will organise an independent assessment of the case and report within 28 days unless there is good reason to extend the time frame.

Misconduct:

The following are examples of behaviours which are considered to be acts of misconduct. In serious cases they may be deemed to be acts of gross misconduct and may lead to instant suspension or termination of membership.

- Bullying Club Members physically, verbally or in written communication or social media or gaming platforms, either directly or indirectly.
- Inappropriate image capturing.
- Undermining coaching and teaching staff either verbally or in written communication either directly or indirectly.
- Acting in conflict with RRSC Code of Conducts or any other policy documents.
- Physical or Oral Abuse or refusal to obey lawful instructions.
- Gross breach of safety requirements likely to endanger other people or yourself or to cause damage to Club/hired property.
- Smoking or vaping.
- Being under the influence of alcohol or drugs or possession of illegal drugs.
- Theft, fraud, or other criminal acts. Physical assault. Causing deliberate damage to Club/hired property.
- Gross negligence which causes unacceptable loss, damage or injury.
- Sexual or racial harassment or discrimination of any kind.
- Harassment or discrimination on the grounds of sexual orientation or religious belief.
- Showing a lack of respect towards coaches, officials, swimmers, teammates or any other members of RRSC

General Principles

RRSC disciplinary procedures are based on the following principles:

The disciplinary rules and procedures are designed to be non-discriminatory and are to be applied irrespective of sex, racial group, sexual orientation, disability, religion, age, or any other bias.









- All matters will be dealt with in accordance with the Club Constitution and Swim England law.
- It is expected that most matters will be dealt with on poolside or at the point of incidence informally at the time of the event.
- Any behaviour that is considered to be unacceptable by coaching staff or team managers may lead to a 'behaviour contract' being issued.
- All matters relating to disciplinary action will be handled as speedily as possible. A
 person wishing to make a complaint about inappropriate conduct should normally do so
 at the time.
- Persistent or serious breaches of conduct will be reported to the Welfare Officer /Head Coach/Executive Committee – preferably in writing.
- No member will be dismissed or suspended from the Club for a first breach of conduct except in the case of serious or gross misconduct.
- Club members will have a right of appeal against any formal disciplinary decision.









Appendix A - Behaviour Plan

Behaviour Contract between Rushmoor Royals Swimming Club and () name (swimmer/parent)
This contract has been drawn up by the Welfare Officer RRSC to address the incidents of () name which occurred () date(s).
On return to training with RRSC from () date, () name will:
Abide by the ASA/RRSC Code of Conduct (copy attached)
Act in a manner that upholds the Code of Conduct, his/her personal reputation and the reputation of RRSC.
Additionally, () name will NOT: 1.
Mr/Mrs/ guardian will be required to:
 Reinforce with () name, the expectations for behaviour in line with the Code of Conduct Assist () name by encouraging him/her to: a. b. Remain at ()'s training sessions with him/her for the next X (days) to supervise
() name
This behaviour contract will be reviewed after X weeks to ascertain compliance.
Planned review date =
If () name is reported to have breached this contract or to have behaved in a way that would be a serious breach of the Code of Conduct, action will be taken in line with the othe Stages of the Disciplinary policy.
Signed by:
Member (swimmer/guardian) to whom the contract relates:









Date:
Parent/guardian 1 (if member is under 18-years of age):
Date:
Welfare Officer:
Date:





